



EXPERIENCING GRIEF DURING THE SEASON OF JOY

Resources to help during the holidays and beyond

Organization	Resources	Support Offered
GriefShare www.griefshare.org	Monthly in-person and online support groups; use online locator to find a group near you	Grief support after the loss of a loved one
The Compassionate Friends www.compassionatefriends.org	Monthly in-person and online support groups; use online locator to find a group near you; private Facebook groups	Grief support for families after the loss of a child
Hospice of East Texas www.hospiceofeasttexas.org	Monthly in-person and online support groups and specially scheduled grief seminars	Grief support after the loss of a loved one
Web Healing www.webhealing.com	Online resources, forums, and links to 70+ grief-related support organizations	Grief support after the loss of a loved one or a loss not related to death (divorce, separation, illness, etc.)
T.A.P.S. Tragedy Assistance Program for Survivors www.taps.org	Online support groups	Grief support after the death of a military loved one
GriefWorks www.christian-works.org	Bi-monthly support groups in Dallas and Fort Worth	Grief support for children ages 5-18 and their adult family members
Parents of Murdered Children www.pomc.org	Online resources and support groups in Houston and San Antonio	Grief support for families and friends of those who have died by violence